



— GOLD CLASS MENU —

# Dietary advice

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## Menu A

### Afternoon refreshment menu

No modifications are available to the menu.

### Ingredients list:

#### **Wondaree macadamia nuts**

Macadamia nuts, salt.

#### **Gallo Dairyland cheese platter**

**Heritage cheese:** pasteurised milk, salt, enzymes, non-animal rennet, cultures, flavour.

**Macadamia cheese:** pasteurised milk, salt, enzymes, non-animal rennet, cultures, flavour, macadamia nuts.

**Rainforest cheese:** pasteurised milk, salt, enzymes, non-animal rennet, cultures, flavour, chives, onions.

**Gourmet dip:** onion (40%), sugar, vinegar, malt extract, (barley, wheat), molasses, thickener (modified potato starch, pectin), sea salt, garlic, spice. Allergens: contains barley, wheat.

**Dried fruit:** dried apricot, dried apple, pitted prune.

**Crackers:** wheat flour, vegetable oil (antioxidant (E307b from soy), salt, baking powder.

Contains wheat, gluten, soy.

May contain egg, milk, tree nuts, peanut, sesame.

#### **Mango sorbet**

Mango, lemon juice, sugar, e330, e440i, vegetable gums, 412, 407, e160a, 1422, 405.

Allergens: made on equipment that also processes products containing peanuts, tree nuts, sesame seeds, soy and cereals containing gluten.



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## Menu B

### Gluten free and vegetarian menu

If you have gluten-free or vegetarian dietary requirements we are able to offer this alternative menu for afternoon refreshments.

No modifications are available to the menu.

### Ingredients list:

#### **Wondaree macadamia nuts**

Macadamia nuts, salt

#### **Gallo Dairyland cheese platter**

**Heritage cheese:** pasteurised milk, salt, enzymes, non-animal rennet, cultures, flavour.

**Macadamia cheese:** pasteurised milk, salt, enzymes, non-animal rennet, cultures, flavour, macadamia nuts.

**Rainforest cheese:** pasteurised milk, salt, enzymes, non-animal rennet, cultures, flavour, chives, onions.

**Hommus:** chickpeas (47%), water, canola oil, tahini paste (from sesame seed), acidity regulator (575), salt, food acids (citric acid, acetic acid), garlic, preservative (202).

Contains sesame.

May contain egg, fish, lupine, milk products, soybean, cashews.

**Dried fruit:** dried apricot, dried apple, pitted prune.

**Rice crackers:** whole grain rice (69%) (rice, rice bran), corn flour, linseed, Inulin (dietary fibre), chia seeds, rice bran oil, salt.

May contain soy.

#### **Mango sorbet**

Mango, lemon juice, sugar, e330, e440i, vegetable gums, 412, 407, e160a, 1422, 405.

Allergens: made on equipment that also processes products containing peanuts, tree nuts, sesame seeds, soy and cereals containing gluten.



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## Menu C

### Vegan, lactose-free and dairy-free menu

If you have vegan, lactose-free or dairy-free dietary requirements we are able to offer this alternative menu for afternoon refreshments.

No modifications are available to the menu.

### Ingredients list:

#### **Wondaree macadamia nuts**

Macadamia nuts, salt.

#### **Bio cheese**

Water, coconut oil (21%) (non-hydrogenated), starch, modified starch (e1404, e1450), sea salt, vegan cheddar flavours, olive extract, colour: b-carotene.

#### **Hommus**

Chickpeas (47%), water, canola oil, tahini paste (from sesame seed), acidity regulator (575), salt, food acids (citric acid, acetic acid), garlic, preservative (202).

Contains sesame.

May contain egg, fish, lupine, milk products, soybean, cashews.

#### **Dried fruit**

Dried apricot, dried apple, pitted prune.

#### **Rice crackers**

Whole grain rice (69%) (rice, rice bran), corn flour, linseed, Inulin (dietary fibre), chia seeds, rice bran oil, salt.

May contain soy.

#### **Mango sorbet**

Mango, lemon juice, sugar, e330, e440i, vegetable gums, 412, 407, e160a, 1422, 405.

Allergens: made on equipment that also processes products containing peanuts, tree nuts, sesame seeds, soy and cereals containing gluten.